

Michael Chekhov International Workshop

Psychological Gesture: The Character's Spine

10 - 14 May 2017

Rome, Italy

with

Ulrich Meyer-Horsch,

Chekhov International School Hamburg, Germany

As an accurate observer of the 'creative process', Michael Chekhov investigated the interplay between psyche and body, between 'intangible and tangible'.

He found simple and clear tools for the actor, based on the powers of Concentration, Imagination, Gesture, Imaginary Centers and Atmosphere. Applied in practice, these techniques enable the actor to discover his/her character in a relatively short period of time. They open doors to the artist's creative individuality.

The Psychological Gesture, probably Chekhov's most famous acting tool, is a physical movement that awakens the actor's inner life. It serves as a key to the essential features of his/her character, and enables the actor to express and embody the character's objectives in a new way. The Psychological Gesture stirs the will power, gives it a definite direction, awakens feelings, and provides a condensed version of the character.

Please read Anton Chekhov's play "Uncle Vanja", select a character and learn a short monologue of this character.

- Psychological Gesture: the character's spine
- Archetypes
- Objectives
- Feeling of Ease
- Feeling of Form
- Feeling of Beauty
- Feeling of the Whole
- Thinking, Feeling, Willing
- Scene study

Michael Chekhov Europe Training - Module 3

www.michaelchekhov.eu

www.michaelchekhoveurope.eu

<http://www.khorateatro.it>

<http://www.chiostrodelbramante.it>

in collaboration with DART Chiostro del Bramante

Michael Chekhov (1891–1955)

A nephew of playwright Anton Chekhov, he was widely recognized as one of the greatest actors of the 20th century. Michael Chekhov had a great talent for characterization and was a keen observer of the creative process.

At the Moscow Art Theatre the collaboration between K.Stanislavsky, E.Vachtangov, V.Meyerhold and Michael Chekhov led to a theatre that was bold, expressive and imaginative. In their work they searched for objective principles that would lead to inspired acting. This investigation led Chekhov to develop his own psycho-physical acting technique, incorporating body and imagination.

After leaving Russia in 1928 Chekhov spent eleven years in Europe - acting, directing and teaching. He worked with Max Reinhardt in Berlin and Vienna, founded his own company in Paris and directed for the theatres in Riga and the Baltic countries. In 1936 he opened the Chekhov Theatre Studio in Dartington Hall, England.

In 1939 he moved to the United States, where he taught in both New York and in Hollywood.

Ulrich Meyer-Horsch

Actor and Director. Artistic Director of the Michael Chekhov Studio Hamburg, Germany

Ulrich Meyer-Horsch is a well known actor in Germany, having a 25 years experience of performing at German state and regional theatres, including Deutsches Schauspielhaus Hamburg, Altonaer Theater, Schauspiel Frankfurt, Theater Kiel, and Maxim Gorki Theater Berlin. Recently he has been playing the leading part in Goethe's 'Faust I+II' at Forum Theater Stuttgart. He has worked in several countries, with artists such as Augusto Boal, Simon McBurney & Complicite, Philippe Gaulier and Yoshi Oida. As an award winning director he is known for his playful productions of the works of Bertolt Brecht. From 2014 to 2016 he served as Associate Artistic Director of Kreuzgangspiele Feuchtwangen, one of Germany's biggest summer theatres.

Ulrich Meyer-Horsch holds diplomas in Acting from Schule für Schauspiel Hamburg, and in Theology, Philosophy and Theatre Pedagogy from the Universities of Heidelberg, Hamburg, Kiel and London (King's College).

Ulrich Meyer-Horsch is a Master Teacher of the Michael Chekhov Acting Technique. He studied with Chekhov's former students Hurt Hatfield, Deidre Hurst du Prey, Mala Powers and Joanna Merlin, as well as with master teachers from Germany and Russia. In his own approach he incorporates the exploration of children's games and work with masks. Since 1994 he has been teaching throughout Europe, Russia, Brazil, Taiwan and the US. He is a guest lecturer at Yeditepe University Istanbul (Turkey), and a faculty member of the International Michael Chekhov Association MICHA, New York (USA). 2012 he founded the Chekhov International School, a part time academy for the performing arts, in Hamburg.

Open Workshop

This workshop is open to everybody interested in working professionally with the Michael Chekhov Acting Technique. You are welcome to take just this individual workshop, or you may continue with joining more modules of the Michael Chekhov Europe Training Programme.

GENERAL INFORMATION

Place: Chiostrro del Bramante (The Cloister of Bramante)
Via Arco della Pace, 5
Rome, Italy

Date: Wednesday, 10th – Sunday, 14th, May 2017
10.00h – 17.00h (incl. 75min. lunch break)
On Friday, 12th one session of work, 10.00h – 14.00h, the afternoon is free.

Working language: English with translation into Italian
Participants may act in their own language

Costs:

€ 250,-- (application before April 1st)

€ 300,-- (application after April 1st)

Housing and food are not included.

We are happy to help you finding inexpensive accommodation (see below).

How to get to the city centre

The easiest way to get to Rome is by plane of course.

Transportation from and to the airport Fiumicino of Rome

Rome, Leonardo da Vinci or Fiumicino airport is located 26 km southwest of the city of Rome. The easiest and fast way is by train.

The Leonardo Express is the direct train that serves the route between the airport and the centre of the city of Rome every 30 minutes.

- Trains from Termini depart from the track 24 on the right. Ticket costs euro 11, available at the counter as well as the Termini news stand. Tickets sold at the departure platform are more expensive. Get your ticket stamped in a yellow validation machine just before using it. Ticket expires 90 minutes after validation.

The ultramodern train Leonardo Express, covers the distance in 30 minutes.

How to get to Chiostrro del Bramante (The cloister of Bramante)

The Cloister of Bramante is located in Via Arco della Pace 5, in the heart of the capital, a few steps from Piazza Navona, the Pantheon, Campo de Fiori, Largo di Torre Argentina, Trevi Fountain, Vatican City.

• **From Roma Termini station:**

line bus number 64 / 46 , stops Corso Vittorio Emanuele or Chiesa Nuova

Rome Underground – Tube A – Red: stops Lepanto or Spagna

• **From Roma Tiburtina station:**

line bus number 492, stops the Rinascimento (Senato) or Zanardelli

Rome Underground – Tube B – Blue: stops Colosseo

• **From any other point of the city:** all the buses have stops Vittorio Emanuele II / Chiesa Nuova / Rinascimento (Senato) / Largo Argentina / Zanardelli

Eating in Rome

Lunch and dinner: There are many cafes, restaurants and shops in the area. You can pay in Euro, credit card and V-pay (maestro/girocard). Smaller places will accept only cash.

We will recommend places for eating during the workshop.

There is also a Bistro-Cafeteria in the Cloister. It can freely be accessed and has the same opening hours as the Chiostrro (from Tuesday to Sunday 10.00h-20.00h). It is a relaxing meeting place for breakfast, lunch, tea or a drink. The speciality of the Bistro-Cafeteria are its varied menus, natural yet refined. The participants of the workshop will have a discount on the prices of the menu of the Bistro-Cafeteria.

Accommodation

Please let us know if you need help to find accommodation. We will send you a list of suggested places by email.

Contact:**Khora Teatro**

For information about the workshop please contact

Alessandra Felli

info.michaelchekhovrome@gmail.com

Phone: + 39 3386286917

For information about application and accommodation please contact

Luisa landolo

production.michaelchekhovrome@gmail.com

Phone: +39 3339981123

<http://www.khorateatro.it>

Michael Chekhov Europe Training

Ulrich Meyer-Horsch

umeyerhorsch@gmx.de; phone: +49 177 3165375

www.michaelchekhov.eu

HOW TO APPLY

International participants:

Please fill in the [application form](#) (see last page) and send it to:

Michael Chekhov Europe Training
c/o Ulrich Meyer-Horsch
Arnoldstrasse 77
22763 Hamburg
Germany

or mail it to: umeyrhorsch@gmx.de

Please make your payment to:

Michael Chekhov Europe e.V.

(Address: Eisenbahnstrasse 21, D-10997 Berlin)

Bank: **Landesbank Berlin - Berliner Sparkasse** □

IBAN: DE70100500000190265264 □

BIC: BELADEBEXX

mentioning 'Chekhov Rome May 2017'

Participants from Italy:

Please fill in the [application form](#) (see last page) and send it to:

Khora srl c/o Link Campus University
Via Gregorio VII, 601
00165 Roma
Italia

or mail it to: production.michaelchekhovrome@gmail.com

Please make your payment to:

KHORA

BANK: □ ALLIANZ BANK

IBAN: □ IT17 V035 8901 6000 1057 0640 872

SWIFT: BKRAITMM

mentioning 'Chekhov Rome May 2017'

Applications will be registered once the application form has been received and the fee is paid. Your place will be confirmed by email as soon as possible thereafter. Your application is definite and irrevocable.

The fee is non-refundable, unless someone else fills your place (for example from a possible waiting list). In that case there will be an administrative charge of 50 €.

Not later than 14 days before the workshop you will be sent further details concerning the training and practical matters. You will be given a receipt of your payment upon arrival.

The organizers are not responsible for any claims regarding loss or theft of valuables, or in cases of accidents or illness.

All details are subject to change.

APPLICATION FORM
THE PSYCHOLOGICAL GESTURE
MICHAEL CHEKHOV INTERNATIONAL WORKSHOP, MAY 2017

Name: Age:.....

Address:

.....

City: Postal code:

Country:

Phone: Fax:

E-mail:

Education/ Artistic experience:

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Experience in the Michael Chekhov Technique:

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I wish to register for the

[Michael Chekhov International Workshop](#)

THE PSYCHOLOGICAL GESTURE – 10-14 May, Khora Theatre Rome, Italy

I shall pay (mentioning 'Chekhov Rome May 2017'):

€ 300,-- (registration after April 1st) / € 250,-- (registration before April 1st)

International participants:

to: Michael Chekhov Europe e.V.

(Address: Eisenbahnstrasse 21, D-10997 Berlin, Germany)

Bank: Landesbank Berlin - Berliner Sparkasse

IBAN: DE70100500000190265264

BIC: BELADEBEXX

Participants from Italy:

to: KHORA

BANK: ALLIANZ BANK

IBAN: IT17 V035 8901 6000 1057 0640 872

SWIFT: BKRAITMM

The organizers are not responsible for any claims regarding loss or theft of valuables, or in cases of accidents or illness. I accept that I have to take care of my insurances, because the organizers will not insure participants.

I wish to receive accommodation assistance. I do not need accommodation assistance.
(please tick!)

Date: Signature:

*Please send this form to: [Ulrich Meyer-Horsch, Arnoldstrasse 77, 22763 Hamburg, Germany](#)
or mail it as PDF to umeyerhorsch@gmx.de*