

**Michael Chekhov Europe Training**  
at Schule für Schauspiel Hamburg

**The Architecture of Performance**  
**Improvisation – Composition – Style**

**January 30 – February 2, 2025**  
**Hamburg, Germany**

with

**Suzana Nikolić**, StudioChekhov Croatia, Zagreb

**Elsa Valentim**, Teatro dos Aloés, Lisbon, Portugal

**Ulrich Meyer-Horsch**, Schule für Schauspiel Hamburg, Germany

*“In nature and in art, there are mathematical laws and principles that structure and balance form.” (Mala Powers)*

A feeling for Composition and Style makes these principles visible. It gives a deeper meaning to the expression of ideas, movements, shapes and colours. The style of a Greek tragedy demands a different approach than a Moliere comedy or a Brecht drama.

In this workshop, we will explore the structure and composition of Aeschylus' Oresteia, through physical action on the floor. Aeschylus' archaic trilogy is talking about human destiny, about the gods, the mundane, war, betrayal, and love. We will look at different types of performance, like tragedy, comedy, drama, clowning, and mask play.

● Improvisation and Movement ● Composition in time ● Composition in space ● Repetition ● Tempo-Rhythm ● The Pause ● Mask work ● Style

Preparation: Please read the play “Agamemnon” from Aeschylus' Oresteia and learn a short monologue from it (in your own language or in English)

Michael Chekhov Europe Training – module 6

[www.sfsh.de/chekhov-international](http://www.sfsh.de/chekhov-international)

[www.michaelchekhov.eu](http://www.michaelchekhov.eu)

[www.michaelchekhoveurope.eu](http://www.michaelchekhoveurope.eu)

## THE ARCHITECTURE OF PERFORMANCE: IMPROVISATION, COMPOSITION, STYLE

Michael Chekhov International Workshop

January 30 – February 2, 2025 in Hamburg, Germany

### GENERAL INFORMATION

Date: **Thursday, January 30<sup>th</sup> – Sunday, February 2<sup>nd</sup>, 2025**

Working hours: 10:00am – 4:30pm (incl. lunch break)

Working space: **Schule für Schauspiel Hamburg**  
Oelkersallee 29a and 33, Hamburg  
[www.sfsh.de/en](http://www.sfsh.de/en)  
Public transport:  
S-Bahn: Holstenstrasse (10 min. walk)

Working language: English / on stage, participants may act in their own language

Tuition fee:

**€ 440,--** (application before December 31<sup>st</sup> 2024)

**€ 480,--** (application after December 31<sup>st</sup> 2024)

Participants from non-EU countries may apply for a discount (only limited number).

Housing and food are not included.

We are happy to help you finding inexpensive accommodation.

Monday, **February 3<sup>rd</sup>** we offer a **training for teachers** who have completed all modules. It will be guided by Ulrich Meyer-Horsch and Suzana Nikolić. Please contact us if you are interested.

### CONTACT

**Michael Chekhov Europe Training**  
**at Schule für Schauspiel Hamburg**  
Oelkersallee 29a, 22769 Hamburg, Germany  
[chekhov@sfsh.de](mailto:chekhov@sfsh.de)  
+49 40 4302050  
[www.sfsh.de/chekhov-international](http://www.sfsh.de/chekhov-international)  
[www.michaelchekhov.eu](http://www.michaelchekhov.eu)  
[www.michaelchekhoveurope.eu](http://www.michaelchekhoveurope.eu)

*Instagram: michaelchekhoveurope // sfsh\_schauspielschule*

*FB: Michael Chekhov Europe Training // Michael Chekhov Europe Friends // Schule für Schauspiel Hamburg*

## HOW TO GET TO HAMBURG

**By train and bus:** There are very good train connections from most European cities: [www.bahn.de](http://www.bahn.de). You can reach the city also easily by bus (e.g. Flixbus).

**By plane:** Hamburg Airport: [www.hamburg-airport.de](http://www.hamburg-airport.de)

### **How to get to Schule für Schauspiel (SfSH):**

From Hauptbahnhof (main train station) you take the S-Bahn to Holstenstrasse (S2, S5). From there it is a 10 min. walk to Oelkersallee 33 and 29a.

Check city map on: [www.sfsh.de/service/anfahrt](http://www.sfsh.de/service/anfahrt)

## ACCOMODATION

[www.superbude.com/en/hotel-hamburg/altona](http://www.superbude.com/en/hotel-hamburg/altona); [www.hostels.com/hamburg](http://www.hostels.com/hamburg)  
[www.schanzenstern.de](http://www.schanzenstern.de); [www.instantsleep.de](http://www.instantsleep.de); [www.meininger-hotels.com/en/hotels/hamburg](http://www.meininger-hotels.com/en/hotels/hamburg);  
[www.airbnb.de](http://www.airbnb.de); [www.booking.com](http://www.booking.com)  
[www.hamburg-tourism.de](http://www.hamburg-tourism.de); [www.hamburg.de](http://www.hamburg.de); [www.Hotelreservierung.de/Hamburg](http://www.Hotelreservierung.de/Hamburg)

Please be aware that the school cannot organize your accommodation. However, we are happy to send you a list of affordable places close to the school. Feel free to ask if you need further help.

There are many cafes, restaurants and shops in the area. You can pay in Euro, credit card and V-pay girocard. Smaller places will accept only cash.

## LUNCH at the school

The school has a nice little Café: Cantina 33. Apart from snacks and drinks, you can buy delicious and inexpensive lunch in the cafe. We recommend everybody to stay there during the lunch breaks.

## HOW TO APPLY

Please fill in the application form (see last page) and send it to:

**Michael Chekhov Europe Training**  
**c/o Schule für Schauspiel Hamburg**

Oelkersallee 29a, 22769 Hamburg, Germany

or email it (with your signature!) to: [chekhov@sfsh.de](mailto:chekhov@sfsh.de)

Please make your payment to:

**Michael Chekhov Europe e.V.**

Bank: **Landesbank Berlin - Berliner Sparkasse**

**IBAN: DE70100500000190265264**

**BIC: BELADEBEXXX**

mentioning **'Hamburg February 2025'** and your name!

Applications will be registered once the application form has been returned and the workshop fee is paid. Your place will be confirmed by email as soon as possible thereafter. Your application is definite and irrevocable. The fee is non-refundable, unless someone else fills your place (for example from the waiting list). In that case there will be an administrative charge of € 50,--. Ca.10 days before the workshop you will be sent further details concerning practical matters. You will be given a receipt of your payment. The organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space. You agree to take care of your own insurances.

*All details are subject to change.*

## FACULTY

### **Suzana Nikolić** – *StudioChekhov Croatia, Zagreb*

Suzana Nikolić is a full-time professor at the Academy of Dramatic Arts, University of Zagreb. She is a Founder and Artistic Director of Performing Arts StudioChekhov Croatia. Ms. Nikolic's organizational and production credits include over a dozen international workshops. Ms. Nikolić has worked with the Michael Chekhov Technique and taught it professionally for over 20 years and received the MICHA teaching certificate of completion in 2004. In 2004 and 2019 she edited the Croatian translation of Michael Chekhov's *To the Actor – On the Technique of Acting*.

At the Academy of Dramatic Arts, she was a Vice Dean for International Affairs from 2004-2006, Head of the Voice and Speech Department from 2006-2010, and Head of the Acting Department 2016-2018. Since 2016, Ms. Nikolić has been an official faculty member of MICHA, USA. She is a co-founder and member of Michael Chekhov Europe and its international Training Programme.

She graduated from the Academy of Dramatic Arts, and was a Fulbright scholar at NYU Tisch School of the Arts, Graduate Acting Program. She is an award-winning actress with credits in theatre performances, features films, television films & series as well as radio, and has had over 25 years of additional acting and voice training abroad.

Ms. Nikolić has taught the Chekhov Technique in Europe, America, Israel, and Asia. From 2019 to 2022, she has been teaching the Michael Chekhov Acting Technique at the Shanghai Theatre Academy, China. Her book *Actor of the Future* will be published in China.

### **Elsa Valentim** – *Teatro dos Aloés, Lisbon, Portugal*

Elsa Valentim is a Portuguese actress, theatre director, and acting teacher. She is a graduate of the Escola Superior Teatro e Cinema in Lisbon.

Valentim is a co-founder of ACT- Escola de Actores, as well as Teatro dos Aloés, a theatre company established in 2001 by a collective of actors, where she develops her work as an actress and director. Over the past 35 years, Valentim has performed in approx. 50 plays by playwrights including Shakespeare, Chekhov, Friel, Lorca, and Goldoni. She has worked with renowned French directors Bernard Sobel and Mario Gonzalez, and is recognized for her contributions to Portuguese cinema and television.

With a teaching career spanning 30 years, Valentim has taught in Portugal, France, Turkey, and Croatia. She has studied the Michael Chekhov Technique with Lenard Petit (USA) and Slava Kokorin (Russia) and participated in numerous workshops by MICHA and Michael Chekhov Europe (MCE). Drawing upon the principles of the Chekhov Technique, Valentim has developed her own teaching methodology.

In 2018, she was honoured with the François Florent Award for Pedagogy in Paris.

### **Ulrich Meyer-Horsch** – *Schule für Schauspiel Hamburg (SfSH), Germany*

Ulrich Meyer-Horsch is an award-winning actor and theatre director with three decades of working experience in German state and regional theatres: Deutsches Schauspielhaus Hamburg, Theater Kiel, Theater Lübeck, Schauspiel Frankfurt, Kampnagel Hamburg, Altonaer Theater, Komödie Düsseldorf, Maxim Gorki Theater Berlin, among others. He has worked with Simon McBurney and Complicité, Augusto Boal and Yoshi Oida. Until 2015 he was the associate artistic director of Kreuzgangspiele Feuchtwangen, one of Germany's biggest summer theatres.

Ulrich holds a degree in Acting from Schule für Schauspiel Hamburg and diplomas in Theology, Philosophy and Theatre Pedagogy from the universities of Heidelberg, Hamburg, and London (King's College). He studied with Michael Chekhov's former students Hurt Hatfield, Deidre Hurst du Prey, Mala Powers and Joanna Merlin as well as with master teachers from Russia and East Asia.

In his approach to the Chekhov Technique he incorporates the exploration of children's games, organic breathing, and work with masks. Since 1994 he has been teaching throughout Europe, Russia, Armenia, the Middle East, Brazil, Cuba, Uruguay, the US, Japan, Singapore, Taiwan, Indonesia, and East Africa. He is a guest lecturer at Yeditepe University, Istanbul, Turkey, member of the international faculty of the Michael Chekhov Association (MICHA), New York, and co-founder of Michael Chekhov Europe e.V. (MCE). Since 2020, he is the artistic director of Schule für Schauspiel Hamburg (SfSH).

Ulrich co-edited the book *"Michael Tschechow: Der Schauspieler ist das Theater"*, Berlin 2022.

**APPLICATION FORM - Michael Chekhov International Workshop, Jan./Feb. 2025**

Name: ..... Age: .....

City and country: .....

Email: ..... Mobile phone: .....

Social media: .....

Artistic experience & education: .....

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Experience in the Michael Chekhov Technique: .....

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I wish to register for the Michael Chekhov International workshop

**THE ARCHITECTURE OF PERFORMANCE**

**January 30 - February 2, 2025, at Schule für Schauspiel Hamburg, Germany**

I shall pay **€ 480,--** (application after December 31<sup>st</sup>) / **€ 440,--** (application before December 31<sup>st</sup>)  
to the following account (with my name on it):

Michael Chekhov Europe e.V.  
Landesbank Berlin - Berliner Sparkasse  
IBAN: DE70100500000190265264 / BIC: BELADEVB33XXX  
Mentioning 'Hamburg February 2025'

I know that the organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space. I accept that I have to take care of my own insurances, because the organizers are not able to insure participants.

I wish to receive accommodation assistance.     I do not need accommodation assistance.  
(please tick!)

Date: ..... Signature: .....

*Please email this form signed (!) to [chekhov@sfsh.de](mailto:chekhov@sfsh.de) or send it to: Michael Chekhov Europe Training at Schule für Schauspiel Hamburg, Oelkersallee 29a, 22769 Hamburg, Germany*